

2025



Better Decision Better Choices Cognitive Behavioral & Vocational Classes



B.D.B.C..

July 2025						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1. Warehouse Training(3)(A) Case Management (2)(C)	2. Autoshop Training (3) Personal Develop.(S1)(2)(A) Case Management (2)(C) Recovery Meetings	3. Autoshop Training (3) Warehouse Training(3)(A) Case Management (2)(GC) Recovery Meetings	4.
5.	6. Autoshop Training (3) Life Skills (2A-2C)(2)(C) Staff Meeting (GCA) Case Management (C)	7. Autoshop Training (3) Job Readiness (2)(M4)(A) Janitorial Case Management (2)(A)	8. Warehouse Training(3)(A) Case Management (2)(C)	9. Autoshop Training (3) Personal Develop.(S2)(2)(C) Case Management (2)(C) Recovery Meetings	10. Autoshop Training (3) Warehouse Training(3)(A) Case Management (2)(GC) Recovery Meetings	11.
12.	13. Autoshop Training (3) Life Skills (3A-3B)(2)(A) Staff Meeting (GCA) Case Management (C)	14. Autoshop Training (3) Job Readiness (2)(M5)(C) Janitorial Case Management (2)(A)	15. Warehouse Training(3)(A) Case Management (2)(C)	16. Autoshop Training (3) Personal Develop.(S3)(2)(A) Case Management (2)(C) Recovery Meetings	17. Autoshop Training (3) Warehouse Training(3)(A) Case Management (2)(GC) Recovery Meetings	18.
19.	20. Autoshop Training (3) Life Skills (3C-4B)(2)(C) Staff Meeting (GCA) Case Management (C)	21. Autoshop Training (3) Job Readiness (2)(M6)(A) Janitorial Case Management (2)(A)	22. Warehouse Training(3)(A) Case Management (2)(C)	23. Autoshop Training (3) Personal Develop.(S4)(2)(C) Case Management (2)(C) Recovery Meetings	24. Autoshop Training (3) Warehouse Training(3)(A) Case Management (2)(GC) Recovery Meetings	25.
26.	27. Autoshop Training (3) Life Skills (4C-5A)(2)(A) Staff Meeting (GCA) Case Management (C)	28. Autoshop Training (3) Job Readiness (2)(M1)(C) Janitorial Case Management (2)(A)	29. Warehouse Training(3)(A) Case Management (2)(C)	30. Autoshop Training (3) Personal Develop.(S5)(2)(A) Case Management (2)(C) Recovery Meetings		
		Office Hours: 7:30 AM – 3:00 PM House Hours: 10:00 PM – 6:30 AM		Notes: Classes subject to change. Notice will be given. Times may vary based on facility needs. 9:00am – 11:00am / 11:30am – 1:30pm / 2:00pm – 4:00pm / 6:00pm – 8:00pm Monday thru Friday Hours () Facilitated		

Facilitators

Class/Vocation	Name	Date	Day	Time	Total Hours
Job Skills/Training					
Job Readiness	Cliff/Alfred	7,14,21,28	Tuesday	9am-11am	10
Auto Safety Class	Cliff/Alfred/Gene		Tuesday	9am-11am	0
Forklift	Gene/Cliff/John/Alfred		Tuesday	9am-11am	0
Class A/B	Referral		Tuesday	9am-11am	0
Warehouse Training	Alfred	1,3,8,10,15 17,22,24,29	Wed./Friday	9am-12pm	24
AutoShop	Ken/Fred/Cliff/Alfred		M-T-T-F	9am-12pm	45
Home Inspection	Cliff		Tuesday	9am-11am	0
Audio Engeering	Alfred		Tuesday	9am-11am	0
Janitorial	Cliff/Gene/Alfred		Tuesday	9am-11am	0
Adminstration	Cliff/Gene/Alfred		Tuesday	9am-11am	0
Case Management Training Experience	Cliff/Alfred		Tuesday	9am-11am	0
Life Skills					
Attitude	Cliff/Alfred		Monday	9am-11am	0
Motivation 1B					
Responsibility 1C	Cliff/Alfred		Monday	9am-11am	2
Conflict Resolution 2A					
Stress Reduction 2C	Cliff/Alfred	6/6/22	Monday	9am-11am	2
Communication/Non-Verbal 3A					
Communication/Verbal 3B	Cliff/Alfred	6/13/22	Monday	9am-11am	2
Communication/Interview 3C					
Time Management 4B	Cliff/Alfred	6/20/22	Monday	9am-11am	2

Decision Making	4C					
Setting Priorities	5A	Cliff/Alfred	6/27/22	Monday	9am-11am	
My Personal Plan	6A					
Design a Resume	6B	Cliff/Alfred		Monday	9am-11am	
Money Management	4A	Cliff/Alfred		Monday	9am-11am	0
Bring in the Speakers	6C	Cliff/Alfred		Monday	9am-11am	0
50/30/20/Financial Plan		Cliff/Alfred		Monday	9am-11am	0
		Cliff/Alfred		Monday	9am-11am	0
Cognitive Behavioral						
Moral Reconation Therapy		Cliff/Alfred		Thursday	9am-11am	0
Parenting		Cliff/Alfred		Thursday	9am-11am	0
Domestic Violence		Cliff/Alfred		Thursday	9am-11am	0
Personal Development		Cliff/Alfred	2,9,16,23,30	Thursday	9am-11am	12
Anger Management		Cliff/Alfred		Thursday	9am-11am	0
Relapse Prevention		Cliff/Alfred		Thursday	9am-11am	0
Relapse Prevention 290		Cliff/Alfred		Thursday	9am-11am	0
Character Development		Cliff/Alfred		Thursday	9am-11am	0
Education						
GED Prep		Cliff/Alfred		Thursday	9am-11am	0
Health Awareness		Cliff/Alfred		Thursday	9am-11am	0
Meetings						
Staff		Gene/Cliff/Alfred	6,13,20,27	Monday	7am-8am	12
Case Management						
Interview/Lesson Overview/File Input		Cliff/Alfred/Gene	22 Days	M-F	7am-4pm	40